

## Physical Education Vision

At North our aim is to provide the best possible curriculum for children to better understand their own physical literacy. We aim to inspire all pupils to succeed and excel in competitive and non-competitive sport through a variety of physically demanding activities. Our curriculum allows all students to develop physical competence, fundamental movement skills and actions within sequenced movement. As a school we have implemented schemes of work which allow all pupils to explore, learn and gain knowledge. We teach the skills needed to excel in a wide range of physical activities, by providing broad and balanced opportunities for all to use in game situations. We also ensure opportunities for all to participate in a range of inter school and intra school sporting activities. Additionally, we are involved in a borough organisation, Featherstone school partnership, which supports our competitive and non-competitive sport competition and also helps us train our Play Leaders. Pupils get the opportunity to compete with other schools in the local area as well as this the programme also offers pupils the chance to try different sports. We provide competition for SEND children so they also can experience a variety of activities.

Our PE curriculum is inclusive to ensure that all pupils access the range of activities on offer. Pupils are physically active for sustained periods of time in order to encourage them to lead healthy, active lives. This will be achieved with various activities, including P.E lessons, daily mile and movement breaks. Further, to this we have built up a good relationship with Villiers High School where we now have a sports run by their Young Leaders. Our P.E leader will assist sporting activities at lunchtime, helping to ensure children are engaged in PE outside of lessons. Our curriculum prepares children for their next stage in education and stimulates both enjoyment and resilience that they take into their future lives. We ensure the quality of PE and sport provision is high, so that pupils experience the benefits of regular exercise – becoming both mentally and physically healthier to improve behaviour and contribute to academic achievement.

Our P.E curriculum will give students the opportunity to:

- Engage in a wide range of sporting activities
- Become Leaders
- Get involved with local clubs
- Increase and improve health, awareness and movement of the body
- Give every student the chance to attend sports clubs in school
- Take part in a sporting activity either competitive or non-competitively
- Raise knowledge, understanding and confidence to perform a variety of physical skills
- Build a love and passion for sport and exercise
- Incorporate sports and exercise into their daily lives.