



Ealing Parenting Service

All parents and carers face parenting challenges from time-to-time, and may benefit from support and new ideas to help them deal with the issues that their family is facing.

Ealing Parenting Service offer a range of parenting programmes for parents/carers of children and young people aged between 3-18. There are also one-off parenting workshops that cover a variety of topics, delivered by experienced professionals

If you are interested in joining a parenting group, you can self-refer to our service by calling Ealing Children's Integrated Response Service on 020 8825 8000, or a professional, such as your GP or a teacher, can make a referral on your behalf.

Contact Us

-  07892 758 018
-  020 8825 8422
-  parentingserviceadmin@ealing.gov.uk
-  www.ealingfamiliesdirectory.org.uk
-  2nd Floor
Perceval House
14-16 Uxbridge Road
Ealing, London
W5 2HL



**SUPPORTIVE
ACTION FOR
FAMILIES IN
EALING**



**EALING
PARENTING
SERVICE**

EALING PARENTING SERVICE



Parenting Workshops

We offer free parenting workshops throughout the year, and past sessions have included:

- Understanding Your Teenager
- Introduction to Internet Safety
- Impact of Domestic Abuse on Children
- Teenage Perceptions
- Developing Playful Interactions
- Building Confidence in Children with Additional Needs
- Reducing the Impact of Parental Conflict on Children

You can find the parenting workshop schedule online at www.ealingfamiliesdirectory.org.uk



"bringing the community together in this shared parenting journey is fantastic"

"this has been so useful for me personally, thank you so much. I look forward to sharing the information with my wife"

"the workshop was good because it allowed me to hear that my concerns are valid and shared by other parents"



Parenting Programmes

The groups we deliver have been developed through years of research, and their purpose is to help you to build on your skills in order to better manage behaviour, support children with emotional difficulties and to encourage a positive relationship between parent/carer and child

Some of the programmes we offer include:

- Strengthening Families, Strengthening Communities
- Webster Stratton Incredible Years
- Family Ties
- Freedom Programme



We also offer programmes that are targeted for parents/carers of children with additional needs, and some courses are available in community languages.

We offer online programmes, as well as face-to-face groups which are held in community spaces in the borough. We offer daytime sessions as well as evening groups to suit the needs of different families.